



# Enrichment Center Caregiver Calendar

## February 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 10am: Caring Connection Support Group 10am: 5 Toe Club Amputee Support	<b>4</b> 1pm: Caregiver Time Out	<b>5</b> 10am: Diabetes Support 2pm: Drama Club Meet & Greet	<b>6</b> 1pm: Dementia Caregiver Support	<b>7</b> National Wear Red Day
<b>10</b> Tech 9-1-1 (Sign Up For A Time Slot) 6:30pm: MS Support Group	<b>11</b> 1pm: Caregiver Time Out 1pm: Low Vision Support Group	<b>12</b>	<b>13</b> 1pm: Grief Support Group 1pm: Stroke Support Group	<b>14</b> <b>HAPPY VALENTINE'S DAY</b> 1pm: Movie Club
<b>17</b>	<b>18</b> 1pm: Caregiver Time Out	<b>19</b> 10:30am: Parkinson's Disease Support Group	<b>20</b> 1pm: Dementia Caregiver Support	<b>21</b>
<b>24</b>	<b>25</b> 1pm: Caregiver Time Out	<b>26</b>	<b>27</b> 10:00am: Grandparents Raising Grandchildren Support	<b>28</b>

*Signups for all programs are strongly encouraged in case of cancelation. You can RSVP at (919) 776-0501 ext. 2201.*

*Please call Holly Hight, Caregiver Specialist, at (919) 776-0501 ext. 2230 for more information regarding these programs or for further assistance.*